



# 9. ITH Hennesee Triathlon

Meschede / 18.06.2016

## Detailed evaluation

Dubslaff, Doreen

Total time: 1:27:36

Club: PSV Brrlon

Number: 180

Course: 25.70 km

Rank in course/Total: 33 (of 109)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Women: 3 (of 26)

Best time in course: 1:24:45

Category:

Rank in category: 1(of 6)

Seniorinnen 3 (50-54 Jahre)

Best time in the category: 1:27:36

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total	Total	Total	Pos	Behind	Pos	Behind
								km	Time	min/km	Cat.	Cat.	Women	Women
Schwimmen nett	0.70	16:04	22:57	1	-	9	2:39	0.70	16:04	22:57	1	-	9	2:39
Wechsel S -> R	-	3:49	-	5	1:13	18	1:40	0.70	19:53	28:24	2	0:30	9	3:26
Schwimmen Total	0.70	19:53	28:24	2	0:30	9	3:26	0.70	19:53	28:24	2	0:30	9	3:26
Rad netto	20.00	44:13	2:12	1	-	6	0:40	20.70	1:04:06	3:05	1	-	7	3:53
Wechsel R -> L	-	2:48	-	5	1:10	24	1:27	20.70	1:06:54	3:13	1	-	7	5:15
Rad Total	20.00	47:01	2:21	2	0:46	8	1:49	20.70	1:06:54	3:13	1	-	7	5:15
Lauf	5.00	20:42	4:08	1	-	1	-	25.70	1:27:36	3:24	1	-	3	2:51