



9. ITH Hennesee Triathlon

Meschede / 18.06.2016

Detailed evaluation

Saßmannshausen, André

Total time: 25:30:59

Club: Hallenberg

Number: 217

Course: 25.70 km

Rank in course/Total: 108 (of 109)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Men: 82 (of 83)

Best time in course: 1:09:12

Category:

Rank in category: 6(of 6)

AK3 männlich (30-34 Jahre)

Best time in the category: 1:20:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	18:23	26:15	5	4:40	52	7:46	0.70	18:23	26:15	5	4:40	53	18:23
Wechsel S -> R	-	23:54:56	-	6	23:52:31	83	23:53:13	0.70	24:13:19	2076:09	7	24:00:00	84	24:13:19
Schwimmen Total	0.70	24:13:19	2076:09	7	24:00:00	84	24:13:19	0.70	24:13:19	2076:09	7	24:00:00	84	24:13:19
Rad netto	20.00	49:52	2:29	6	11:40	69	15:54	20.70	25:03:11	72:37	7	24:06:42	84	24:13:58
Wechsel R -> L	-	2:03	-	5	0:30	42	1:02	20.70	25:05:14	72:42	7	24:07:01	84	24:14:44
Rad Total	20.00	51:55	2:35	6	11:59	69	16:40	20.70	25:05:14	72:42	7	24:07:01	84	24:14:44
Lauf	5.00	25:45	5:09	5	3:08	56	8:15	25.70	25:30:59	59:34	6	24:10:09	82	24:21:47