



# 9. ITH Hennesee Triathlon

Meschede / 18.06.2016

## Detailed evaluation

ten Doornkaat Koolman, Luis

Total time: 44:28

Club: TUS Victoria Rietberg

Number: 15

Course: 6.24 km

Rank in course/Total: 9 (of 30)

Kindertriathlon (0,04-6,00-0,20)

Rank in course/Men: 5 (of 12)

Best time in course: 30:46

Category:

Rank in category: 2(of 5)

männliche Schüler B (10+11 Jahre)

Best time in the category: 41:01

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos Cat.	Behind Cat.	Pos Men	Behind Men
						Pos Men	Behind Men	Total km	Total Time	Total min/km				
Schwimmen nett	0.04	2:00	50:00	2	0:02	5	0:56	0.04	2:00	50:00	2	0:02	5	0:56
Wechsel S -> R	-	2:26	-	2	0:11	3	0:51	0.04	4:26	110:50	1	-	3	1:47
Schwimmen Total	0.04	4:26	110:50	1	-	3	1:47	0.04	4:26	110:50	1	-	3	1:47
Rad netto	6.00	36:53	6:08	3	3:06	6	11:06	6.04	41:19	6:50	3	3:01	6	12:53
Wechsel R -> L	-	1:24	-	2	0:13	4	0:13	6.04	42:43	7:04	2	3:14	5	12:02
Rad Total	6.00	38:17	6:22	3	3:19	6	10:15	6.04	42:43	7:04	2	3:14	5	12:02
Lauf	0.20	1:45	8:45	3	0:18	6	1:40	6.24	44:28	7:07	2	3:27	5	13:42