



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Fehringer, Carsten

Club: Zella-Mehlis
Number: 216

Course: 9.30 km
Kurze Strecke

Category:
Senioren M45 (45-49 Jahre)

Total time: 48:32

Speed: 11.13 km/h
Running performance: 5:13 min/km

Rank in course/Total: 107 (of 258)

Rank in course/Men: 93 (of 175)

Best time in course: 29:37

Rank in category: 15(of 30)

Best time in the category: 37:48