



13. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Göhring, Klaus

Club: OL ( SV Handw. EF )  
Number: 32

Course: 9.30 km  
Kurze Strecke

Category:  
Senioren M55 (55-59 Jahre)

Total time: 48:56

Speed: 11.04 km/h  
Running performance: 5:16 min/km

Rank in course/Total: 111 (of 258)

Rank in course/Men: 97 (of 175)

Best time in course: 29:37

Rank in category: 7(of 14)

Best time in the category: 35:16