



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Heahnlein, Sebastian

Club: Vitzerod Devils
Number: 235

Course: 9.30 km
Kurze Strecke

Category:
Senioren M30 (30-34 Jahre)

Total time: 49:17

Speed: 10.96 km/h
Running performance: 5:18 min/km

Rank in course/Total: 112 (of 258)

Rank in course/Men: 98 (of 175)

Best time in course: 29:37

Rank in category: 14(of 15)

Best time in the category: 35:15