



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Bier, Volker

Club: Weimar

Number: 12

Course: 9.30 km

Kurze Strecke

Category:

Senioren M60 (60-64 Jahre)

Total time: 49:24

Speed: 10.93 km/h

Running performance: 5:19 min/km

Rank in course/Total: 114 (of 258)

Rank in course/Men: 99 (of 175)

Best time in course: 29:37

Rank in category: 5(of 7)

Best time in the category: 39:33