



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Becker, Jan

Club: Leipzig

Number: 9

Course: 9.30 km

Kurze Strecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 49:53

Speed: 10.83 km/h

Running performance: 5:22 min/km

Rank in course/Total: 122 (of 258)

Rank in course/Men: 104 (of 175)

Best time in course: 29:37

Rank in category: 16(of 30)

Best time in the category: 37:48