



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Bolz, Stefan

Club: Langewiesen
Number: 13

Course: 9.30 km
Kurze Strecke

Category:
Senioren M45 (45-49 Jahre)

Total time: 49:56

Speed: 10.81 km/h
Running performance: 5:22 min/km

Rank in course/Total: 123 (of 258)

Rank in course/Men: 105 (of 175)

Best time in course: 29:37

Rank in category: 17(of 30)

Best time in the category: 37:48