



13. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Kißling, Torsten

Club: TTC Marburg-Ginseldorf  
Number: 183

Course: 9.30 km  
Kurze Strecke

Category:  
Senioren M40 (40-44 Jahre)

Total time: 50:02

Speed: 10.79 km/h  
Running performance: 5:23 min/km

Rank in course/Total: 125 (of 258)

Rank in course/Men: 106 (of 175)

Best time in course: 29:37

Rank in category: 9(of 18)

Best time in the category: 32:03