



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Prescher, Frank

Club: USV Erfurt
Number: 85

Course: 9.30 km
Kurze Strecke

Category:
Senioren M40 (40-44 Jahre)

Total time: 50:25

Speed: 10.71 km/h
Running performance: 5:25 min/km

Rank in course/Total: 131 (of 258)

Rank in course/Men: 111 (of 175)

Best time in course: 29:37

Rank in category: 11(of 18)

Best time in the category: 32:03