



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Milsch, Heidi

Club: Sanwald Laufteam
Number: 74

Course: 9.30 km
Kurze Strecke

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 50:29

Speed: 10.70 km/h
Running performance: 5:26 min/km

Rank in course/Total: 132 (of 258)

Rank in course/Women: 21 (of 83)

Best time in course: 36:29

Rank in category: 7(of 16)

Best time in the category: 41:05