



13. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Trommer, Ray

Club: Ilmenau OT Heyda  
Number: 120

Course: 9.30 km  
Kurze Strecke

Category:  
Senioren M40 (40-44 Jahre)

Total time: 51:07

Speed: 10.56 km/h  
Running performance: 5:30 min/km

Rank in course/Total: 141 (of 258)

Rank in course/Men: 117 (of 175)

Best time in course: 29:37

Rank in category: 13(of 18)

Best time in the category: 32:03