



13. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

**Strutz, Christoph**

Club: Luisenthaler SV  
Number: 113

Course: 9.30 km  
Kurze Strecke

Category:  
Senioren M35 (35-39 Jahre)

Total time: 39:05

Speed: 13.82 km/h  
Running performance: 4:12 min/km

Rank in course/Total: 15 (of 258)

Rank in course/Men: 14 (of 175)

Best time in course: 29:37

Rank in category: 3(of 17)

Best time in the category: 34:43