



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Zobirei, Ralf

Club: SWV Goldlauter-Heidersbach
Number: 132

Course: 9.30 km
Kurze Strecke

Category:
Senioren M65 (65-69 Jahre)

Total time: 52:14

Speed: 10.34 km/h
Running performance: 5:37 min/km

Rank in course/Total: 154 (of 258)

Rank in course/Men: 124 (of 175)

Best time in course: 29:37

Rank in category: 5(of 12)

Best time in the category: 46:11