



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Cebulla, Michael

Club: SWV Goldlauter
Number: 168

Course: 9.30 km
Kurze Strecke

Category:
Senioren M45 (45-49 Jahre)

Total time: 39:25

Speed: 13.70 km/h
Running performance: 4:14 min/km

Rank in course/Total: 17 (of 258)

Rank in course/Men: 16 (of 175)

Best time in course: 29:37

Rank in category: 3(of 30)

Best time in the category: 37:48