



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Loesch, Silke

Club: GMRLV
Number: 191

Course: 9.30 km
Kurze Strecke

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 53:31

Speed: 10.09 km/h
Running performance: 5:45 min/km

Rank in course/Total: 170 (of 258)

Rank in course/Women: 37 (of 83)

Best time in course: 36:29

Rank in category: 4(of 13)

Best time in the category: 48:11