



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Herrmann, Michael

Club: sc impuls erfurt
Number: 35

Course: 9.30 km
Kurze Strecke

Category:
Senioren M60 (60-64 Jahre)

Total time: 39:33

Speed: 13.65 km/h
Running performance: 4:15 min/km

Rank in course/Total: 18 (of 258)

Rank in course/Men: 17 (of 175)

Best time in course: 29:37

Rank in category: 1(of 7)

Best time in the category: 39:33