



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Geyer, Ronald

Club: Ilmenau
Number: 31

Course: 9.30 km
Kurze Strecke

Category:
Senioren M45 (45-49 Jahre)

Total time: 55:05

Speed: 9.80 km/h
Running performance: 5:55 min/km

Rank in course/Total: 190 (of 258)

Rank in course/Men: 144 (of 175)

Best time in course: 29:37

Rank in category: 24(of 30)

Best time in the category: 37:48