



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Fabig, Lars

Club: FSV Martinroda
Number: 26

Course: 9.30 km
Kurze Strecke

Category:
Senioren M40 (40-44 Jahre)

Total time: 55:23

Speed: 9.75 km/h
Running performance: 5:58 min/km

Rank in course/Total: 194 (of 258)

Rank in course/Men: 146 (of 175)

Best time in course: 29:37

Rank in category: 16(of 18)

Best time in the category: 32:03