



13. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Krieg, Heike

Club: GröKri14

Number: 59

Course: 9.30 km

Kurze Strecke

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 57:30

Speed: 9.39 km/h

Running performance: 6:11 min/km

Rank in course/Total: 205 (of 258)

Rank in course/Women: 55 (of 83)

Best time in course: 36:29

Rank in category: 6(of 8)

Best time in the category: 44:38