



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Ziegler, Hans-Joachim

Club: Ruhla
Number: 131

Course: 9.30 km
Kurze Strecke

Category:
Senioren M65 (65-69 Jahre)

Total time: 58:22

Speed: 9.25 km/h
Running performance: 6:17 min/km

Rank in course/Total: 213 (of 258)

Rank in course/Men: 156 (of 175)

Best time in course: 29:37

Rank in category: 9(of 12)

Best time in the category: 46:11