



13. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Jahn, Heide

Club: Ilmenau  
Number: 49

Course: 9.30 km  
Kurze Strecke

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 58:56

Speed: 9.16 km/h  
Running performance: 6:20 min/km

Rank in course/Total: 221 (of 258)

Rank in course/Women: 62 (of 83)

Best time in course: 36:29

Rank in category: 10(of 13)

Best time in the category: 48:11