



13. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 26.03.2016

### Detailed evaluation

**Nuha, Suzaly**

Club: Ilmenau  
Number: 196

Course: 9.30 km  
Kurze Strecke

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 59:25

Speed: 9.09 km/h  
Running performance: 6:23 min/km

Rank in course/Total: 225 (of 258)

Rank in course/Women: 64 (of 83)

Best time in course: 36:29

Rank in category: 11(of 14)

Best time in the category: 41:23