



13. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Kühm, Gerd

Club: Ilmenau  
Number: 60

Course: 9.30 km  
Kurze Strecke

Category:  
Senioren M55 (55-59 Jahre)

Total time: 1:00:30

Speed: 8.93 km/h  
Running performance: 6:31 min/km

Rank in course/Total: 233 (of 258)

Rank in course/Men: 166 (of 175)

Best time in course: 29:37

Rank in category: 14(of 14)

Best time in the category: 35:16