



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Arnhold, Erhard

Club: Fit 8 run Weimar

Number: 251

Course: 9.30 km

Kurze Strecke

Category:

Senioren M60 (60-64 Jahre)

Total time: 40:03

Speed: 13.48 km/h

Running performance: 4:19 min/km

Rank in course/Total: 24 (of 258)

Rank in course/Men: 22 (of 175)

Best time in course: 29:37

Rank in category: 2(of 7)

Best time in the category: 39:33