



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Abraham, Daniel

Club: LG Ohra Energie Tambach Dietharz
Number: 482

Course: 18.50 km
Lange Strecke

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:10:51

Speed: 15.24 km/h
Running performance: 3:50 min/km

Rank in course/Total: 8 (of 189)

Rank in course/Men: 8 (of 155)

Best time in course: 1:04:57

Rank in category: 2(of 19)

Best time in the category: 1:09:23