



13. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Neuwald, Andreas

Club: SV Bergdorf Höhn/Team Landrover  
Number: 419

Course: 18.50 km  
Lange Strecke

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:12:24

Speed: 14.92 km/h  
Running performance: 3:55 min/km

Rank in course/Total: 11 (of 189)

Rank in course/Men: 11 (of 155)

Best time in course: 1:04:57

Rank in category: 2(of 22)

Best time in the category: 1:11:57