



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Kohl, Veit

Club: Die flinken Gerataler
Number: 393

Course: 18.50 km
Lange Strecke

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:12:57

Speed: 14.80 km/h
Running performance: 3:56 min/km

Rank in course/Total: 13 (of 189)

Rank in course/Men: 13 (of 155)

Best time in course: 1:04:57

Rank in category: 3(of 26)

Best time in the category: 1:11:11