



13. Ilmenauer Osterlauf

Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Dreier, Jan

Club: WSV Oberhof

Number: 539

Course: 18.50 km

Lange Strecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:17:16

Speed: 13.98 km/h

Running performance: 4:11 min/km

Rank in course/Total: 28 (of 189)

Rank in course/Men: 27 (of 155)

Best time in course: 1:04:57

Rank in category: 7(of 26)

Best time in the category: 1:11:11