



13. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Salzer, Konstanze

Club: BiG Gotha  
Number: 568

Course: 9.30 km  
Nordic Walking

Category:  
Nordic Walking Frauen

Total time: 1:15:07

Speed: 7.19 km/h  
Running performance: 8:05 min/km

Rank in course/Total: 12 (of 44)

Rank in course/Women: 7 (of 30)

Best time in course: 1:11:09

Rank in category: 7(of 30)

Best time in the category: 1:11:09