



13. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Ullrich, Mathias

Club: Kösching  
Number: 448

Course: 18.50 km  
Lange Strecke

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:23:01

Speed: 13.01 km/h  
Running performance: 4:29 min/km

Rank in course/Total: 47 (of 189)

Rank in course/Men: 46 (of 155)

Best time in course: 1:04:57

Rank in category: 7(of 19)

Best time in the category: 1:09:23