



13. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

**Kuessel, Silvia**

Club: TSV Heyda Gymnastik  
Number: 577

Course: 9.30 km  
Nordic Walking

Category:  
Nordic Walking Frauen

Total time: 1:18:06

Speed: 6.91 km/h  
Running performance: 8:24 min/km

Rank in course/Total: 21 (of 44)  
Rank in course/Women: 13 (of 30)

Best time in course: 1:11:09

Rank in category: 13(of 30)  
Best time in the category: 1:11:09