



13. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Brück, Tau

Club: Running gag  
Number: 540

Course: 18.50 km  
Lange Strecke

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:23:17

Speed: 12.97 km/h  
Running performance: 4:30 min/km

Rank in course/Total: 49 (of 189)

Rank in course/Men: 48 (of 155)

Best time in course: 1:04:57

Rank in category: 9(of 26)

Best time in the category: 1:05:30