



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Schmidt, Uwe

Club: GMRLV
Number: 438

Course: 18.50 km
Lange Strecke

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:23:19

Speed: 12.96 km/h
Running performance: 4:30 min/km

Rank in course/Total: 50 (of 189)

Rank in course/Men: 49 (of 155)

Best time in course: 1:04:57

Rank in category: 11(of 26)

Best time in the category: 1:11:11