



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Röder, Stefan

Club: mtb-thüringen.de
Number: 430

Course: 18.50 km
Lange Strecke

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:23:45

Speed: 12.90 km/h
Running performance: 4:32 min/km

Rank in course/Total: 53 (of 189)

Rank in course/Men: 52 (of 155)

Best time in course: 1:04:57

Rank in category: 6(of 15)

Best time in the category: 1:16:18