



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Amendt, Christian

Club: Arnstadt
Number: 531

Course: 18.50 km
Lange Strecke

Category:
Männer (20-29 Jahre)

Total time: 1:26:11

Speed: 12.53 km/h
Running performance: 4:40 min/km

Rank in course/Total: 63 (of 189)

Rank in course/Men: 62 (of 155)

Best time in course: 1:04:57

Rank in category: 11(of 19)

Best time in the category: 1:04:57