



13. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Ziemke, Claudia

Club: Dream Team Ilmenau  
Number: 475

Course: 18.50 km  
Lange Strecke

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 1:26:14

Speed: 12.52 km/h  
Running performance: 4:40 min/km

Rank in course/Total: 65 (of 189)

Rank in course/Women: 2 (of 34)

Best time in course: 1:15:42

Rank in category: 1(of 7)

Best time in the category: 1:26:14