



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Kretzschmar, Manfred

Club: Ichtshausen
Number: 400

Course: 18.50 km
Lange Strecke

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:27:47

Speed: 12.30 km/h
Running performance: 4:45 min/km

Rank in course/Total: 74 (of 189)

Rank in course/Men: 71 (of 155)

Best time in course: 1:04:57

Rank in category: 2(of 7)

Best time in the category: 1:26:53