



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Apel, Sabine

Club: TSV Zella-Mehlis
Number: 582

Course: 9.30 km
Nordic Walking

Category:
Nordic Walking Frauen

Total time: 1:23:25

Speed: 6.47 km/h
Running performance: 8:58 min/km

Rank in course/Total: 30 (of 44)
Rank in course/Women: 19 (of 30)
Best time in course: 1:11:09

Rank in category: 19(of 30)
Best time in the category: 1:11:09