



13. Ilmenauer Osterlauf

Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Kupfer, Jörg

Club: Lauffreunde Gotha

Number: 404

Course: 18.50 km

Lange Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:28:27

Speed: 12.21 km/h

Running performance: 4:47 min/km

Rank in course/Total: 77 (of 189)

Rank in course/Men: 74 (of 155)

Best time in course: 1:04:57

Rank in category: 9(of 22)

Best time in the category: 1:11:57