



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Kurze, Mirko

Club: VfL Oldesloe
Number: 405

Course: 18.50 km
Lange Strecke

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:30:07

Speed: 11.98 km/h
Running performance: 4:52 min/km

Rank in course/Total: 88 (of 189)

Rank in course/Men: 84 (of 155)

Best time in course: 1:04:57

Rank in category: 14(of 19)

Best time in the category: 1:09:23