



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Alles, Kathleen

Club: X-Runners Jena
Number: 349

Course: 18.50 km
Lange Strecke

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 1:30:30

Speed: 11.93 km/h
Running performance: 4:53 min/km

Rank in course/Total: 91 (of 189)

Rank in course/Women: 6 (of 34)

Best time in course: 1:15:42

Rank in category: 1(of 5)

Best time in the category: 1:30:30