



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Krannich, Steffen

Club: 1. Beach Volleyball-club
Number: 459

Course: 18.50 km
Lange Strecke

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:30:38

Speed: 11.92 km/h
Running performance: 4:54 min/km

Rank in course/Total: 92 (of 189)

Rank in course/Men: 86 (of 155)

Best time in course: 1:04:57

Rank in category: 16(of 26)

Best time in the category: 1:11:11