



13. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

**Simon, Sven**

Club: Klettbach  
Number: 441

Course: 18.50 km  
Lange Strecke

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:32:11

Speed: 11.72 km/h  
Running performance: 4:59 min/km

Rank in course/Total: 101 (of 189)

Rank in course/Men: 94 (of 155)

Best time in course: 1:04:57

Rank in category: 18(of 26)

Best time in the category: 1:11:11