



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Benzig, Robert

Club: Forrest-Gump-Gedenkstaffel
Number: 516

Course: 18.50 km
Lange Strecke

Category:
Männer (20-29 Jahre)

Total time: 1:33:11

Speed: 11.59 km/h
Running performance: 5:02 min/km

Rank in course/Total: 103 (of 189)

Rank in course/Men: 96 (of 155)

Best time in course: 1:04:57

Rank in category: 14(of 19)

Best time in the category: 1:04:57