



13. Ilmenauer Osterlauf

Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Hagner, Lutz

Club: Stadtilm

Number: 377

Course: 18.50 km

Lange Strecke

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:33:35

Speed: 11.54 km/h

Running performance: 5:04 min/km

Rank in course/Total: 104 (of 189)

Rank in course/Men: 97 (of 155)

Best time in course: 1:04:57

Rank in category: 2(of 10)

Best time in the category: 1:30:52