



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Zelle, Monique

Club: Dream Team Ilmenau
Number: 452

Course: 18.50 km
Lange Strecke

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:34:32

Speed: 11.42 km/h
Running performance: 5:07 min/km

Rank in course/Total: 110 (of 189)

Rank in course/Women: 11 (of 34)

Best time in course: 1:15:42

Rank in category: 2(of 9)

Best time in the category: 1:34:24