



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Luc, Ronny

Number: 472

Course: 18.50 km
Lange Strecke

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:36:05

Speed: 11.24 km/h
Running performance: 5:11 min/km

Rank in course/Total: 117 (of 189)

Rank in course/Men: 105 (of 155)

Best time in course: 1:04:57

Rank in category: 10(of 15)

Best time in the category: 1:16:18