



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Luc, Ronny

Total time: 1:36:05

Number: 472

Speed: 11.24 km/h

Running performance: 5:11 min/km

Course: 18.50 km

Rank in course/Total: 117 (of 189)

Lange Strecke

Rank in course/Men: 105 (of 155)

Best time in course: 1:04:57

Category:

Rank in category: 10(of 15)

Senioren M35 (35-39 Jahre)

Best time in the category: 1:16:18