



13. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 26.03.2016

Detailed evaluation

Kallenbach, Sebastian

Club: Connected Runners
Number: 147

Course: 9.30 km
Kurze Strecke

Category:
Senioren M40 (40-44 Jahre)

Total time: 42:21

Speed: 12.75 km/h
Running performance: 4:33 min/km

Rank in course/Total: 42 (of 258)

Rank in course/Men: 38 (of 175)

Best time in course: 29:37

Rank in category: 4(of 18)

Best time in the category: 32:03